

NEWSLETTER ISSUE 1 /October 2019/

Parenting awareness for young people – PAFYP

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www.parenting4youth.eu

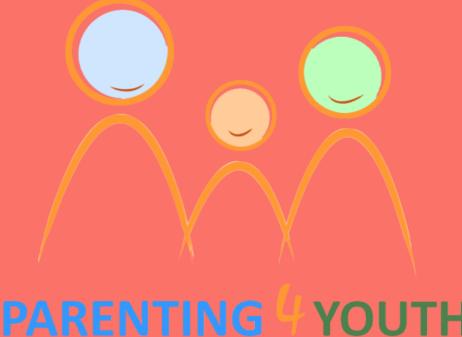
CONTENTS

About PAFYP

First partnership meeting

Who are we?

Next steps



Parenting Awareness for Young People

Six partners from United Kingdom,

ABOUT PAFYP

North Ireland, UK are going to exchange best practices and to develop: a common understanding of positive

Bulgaria, Spain, Poland, Romania and

- attachment theory positive practices and simulations in
- parenting awareness

parenting

to up-skill those working with young

2020 agenda regarding poverty and social exclusion in terms of addressing early school leaving and improvement of academic attainment in young people. AIM of the project:

people in order to address the Europe

to create a best practice training resources

(BPTR) representing a synergy between

partners from different cultural backgrounds working in different field of education, training and youth, The BPTR will be useful for those working in Higher Education, Youth work, School education, and in a health and youth related setting.



First partnership meeting 15-17 October 2019

 Approved Application overview & EMCs, project outputs and expected results, evaluation, template format and usage, project time management and financial matters, Huddle

overview:

Many details about the implementation of the project were discussed, among them:

- Feedback from British National Agency, budget changes and impact on partners regarding removal of IO1; Re-affirming roles and responsibilities among the partners; QARM protocols, presented by IRIS,
- to be followed throughout the project lifetime. In addition, each partner had a short

PADM presented 2 workshops: Emotional

presentation of its organization.

were

practices

partners.

Regulation and its impact on Perinatal Health; and Self Care Compassion and Mindfulness For Young People As a result, foundations for a successful partnership were laid out and innovative

shared

among



WHO ARE WE?

Kilcooley Womens Associació Programes Educatius

<u>Centre (NI,UK)›</u>



OPEN EUROPE

non-formal learning opportunities to young people and youth workers;

v Development of online

platforms, mobile apps; v Organizing international

youth exchanges;

center offering informal and

EUROPEAN DEVELOPMENT FOUNDATION

EDF (Bg)>

development and introduction

v Providing education and training of children and young people;

v Social integration of

society;

vulnerable members of the

of innovative practices;

v Works for civil society

variety of training approaches that Plymouth Mind uses

to address the

issues, which cater

for such a different

range of people.

v Works primarily with socially disadvantaged women, children and families, to help

woman's lives being affected by Para militarism.



v Works with the School Inspectorate of Suceava; v Organizing thematic training courses and non formal improve their life chances and training, workshops,

seminars, conferences,

v Providing authorized social

services and researches in

social economy, sociology, community development;

campaigns;

BUCOVINA (Ro)>

Devon MIND DEVON(UK)>

v Working in perinatal mental health and fostering emotional

resilience in young people;

v Affiliated to National Mind

but autonomous in their own;

WHAT NEW HAVE WE LEARNED? We were provided

with practical

materials and ready

to use activities to

work on self-care

issues with different

range of people.

The approaches shared

young people.

What new have

we learned?

Training workshops topics:

NEXT STEPS Each partner will host one transnational partnership meeting. Prior to it, the partner will prepare training materials, together with

Partners will translate the materials for delivery of future workshops, locally, beyond the

project end. The toolkit of learning materials will be presented at each partner's multiplier event in order

3RD MEETING, SOCEAVA, ROMANIA, BUCOVINA The topics of the training workshops will be:

Attachment Theories and the work of Daniel Siegel around early trauma and its impact

4TH MEETING, LODZ, POLAND, IRIS Training workshop topic:

5TH MEETING, BANGOR, NORTH IRELAND, UK, Kilcooley Women's Centre (KWC).

Training workshops topics:

upon later brain development.

- and Positive Behaviour in Early Years; Baby Think it Over (education to tackle school age/teenage pregnancy) with use of simulator dolls.
- 6TH MEETING, SOFIA, BULGARIA, European Development Foundation. Training workshops topics:

 Learning disability awareness Baby sleep day and night



deliver high level out;

v Aims to prevent young

IRIS (Po)

workbooks, training packs/materials for each partner to take away with them. During the meeting, the host partner will deliver 2 one-day non-formal workshops.

to reach a wide an audience as possible. The following partnership meetings will be organized within the project timeline: 2ND MEETING, REUS, SPAIN, OPENEUROPE. "FIT PREGNANCY AND BABY - I & II".

"How to Rock Baby Blues" (PND - Post Natal Depression)

Alexithymia to help young people to express their feelings and emotions;

Inclusive Play to Promote Diversity and Tolerance & Creative Play to Promote Resilience

PARENTING4YOUTH >

